

Case Study Worksheet

Phase 1: Learning About the Client

1. What was the initial referral question?
2. What is the primary presenting problem?
3. What are the characteristics of the client's speech and language (strengths and weaknesses)?
4. What are the significant findings of the diagnostic? What are the recommendations?
5. Has there been past treatment? If so, what did they work on and what were the results?
6. How does this case confirm or contradict what I have learned up to this point?
7. What did I see in my first session? (include behavior observations as well as data analyses)

Phase 2: Constructing the Treatment Plan

Based on the Above:

1. What do I know from my education and experience?
2. Factors I need to consider as I construct my treatment plan: (age, disorder, behavior, physical, auditory, etc.) What do I not know?
3. Where could I look for answers? (e.g., journals, texts, professors, file, materials)
4. What approaches might be applicable to this case?
5. What resources do I have?

Following the First Session:

1. What do I believe is most hindering the client's communication?
2. Task analysis: What do I want the client to be able to do? How can I get him/her there?
3. Where is he/she now?
4. How will I know the client is making progress?
5. How can I elicit the behaviors I want?

Phase 3: Practical Application

Before the Session:

1. What behavioral objectives will lead me to my goals? [i.e., What do I want the client to do today?]
2. How can I elicit target behaviors in a meaningful, functional, and/or powerful way? How can I measure quantitative and qualitative behaviors?

After the Session:

1. Are my behavioral objectives moving me toward my goals?
2. Are my measurements meaningful?
3. Did my activities effectively elicit target behaviors? Why or why not?
4. Did I get important data? If not, why not?
5. When my client was successful, why?
6. When my client was unsuccessful, why?
7. How did client behavior affect client performance?
8. How did clinician behavior affect client performance?
9. How did client behavior affect clinician performance?
10. How did clinician behavior affect clinician performance?
11. What other factors affected client performance?
12. What did I learn from this session about my client?
13. What did I learn from this session about myself? (characteristics and/or clinical skills)
14. What did I learn from this session about the approach?
15. What did I learn from this session about the procedures used?
16. What did I learn from this session about rationales for my plan/approach/procedures?

Phase 4: Clinical Development

As I Approach Treatment:

1. What skills do I have?
2. What skills do I need to develop?
3. What factors about myself do I need to consider? (e.g., fear, being overwhelmed)

As I Search:

1. What key words describe my client and/or therapy approach and/or procedures? What do I want to know?
2. Where can I search for further information?

As I Read:

1. REMEMBER: Just because it's published doesn't mean it's good.
2. What is the research question/topic of this source?
3. Who were the subjects and what were their characteristics? (as applicable)
4. What did the authors do to answer their question or address their topic?
5. What were the results/conclusions?
6. What were weakness and strengths of this source?
7. What are the theoretical and/or clinical implications?

Phase 5: Evaluation of Therapy

1. Did my client make gains? To what degree? Why or why not?
2. How did these facilitate/hinder:
 - a. Client behaviors (incl. attendance, motivation)
 - b. Parent/spouse/family behaviors
 - c. Clinician behaviors
 - d. Approach/procedures characteristics
 - e. Home assignments
 - f. Other factors?
3. What should the client do next? (i.e., what are my recommendations for future therapy)?
4. What have I done to develop my skills/knowledge and what have I learned over the course of the semester?